

COVID-19 INFORMATION GUIDE

for students, parents & carers

Please follow the advice in this guide to keep the Sparsholt community safe.

Only contact the College if a student is having a test and to let us know the result. The college will not be able to advise beyond the information given here.

Please remember to only get tested if you have COVID-19 symptoms.

STUDENTS SHOULD BOOK A TEST IF THEY HAVE THESE SYMPTOMS:

A HIGH TEMPERATURE OR

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

A NEW CONTINUOUS COUGH OR

This means coughing a lot for more than an hour, or three or more episodes in 24 hours (if they usually have a cough it may be worse than usual).

A LOSS/CHANGE TO SENSE OF SMELL/TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

If a student DOES NOT have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they or members of your household do not need to self-isolate.

STUDENTS CAN ATTEND COLLEGE IF FIT TO DO SO.

ABSENCE REPORTING

Please contact the College and your tutor if you are unable to attend. Call 01962 797311 or email absent@sparsholt.ac.uk before 11.00am each day. Please do not just contact your Progress Coach or anyone else as that will not be recorded as a notified absence.

GUIDANCE FOR RESIDENTIAL STUDENTS

If you become ill, you should:

- Stay in your room and avoid contact with other people
- Contact the Warden on 01962 797538 or 07715 043855 or email dutywarden@sparsholt.ac.uk
- Alternatively you can contact the Nurse on 01962 797430

You may need to take a test for COVID-19 and you may be asked to stay in your room until the test results are back, but be reassured you will be cared for by our staff during this time.

What to do if...	Action needed	When to return to College
A student has COVID-19 symptoms	<ul style="list-style-type: none"> Do not send student to college Book a test for the student Whole household to self-isolate Inform college immediately about test result 	If test is negative and student is well enough, symptom free for 48 hours and not advised to self-isolate by test and trace service.
A student tests positive for COVID-19	<ul style="list-style-type: none"> Do not send student to college Student to self-isolate for at least 10 days from when symptoms started (or from day of test if no symptoms) Inform college immediately about test results Whole household to self-isolate for 14 days from day when symptoms started (or from day of test if no symptoms) -even if someone tests negative during those 14 days 	When the student feels better, and has been without a fever for at least 48 hours. They can return to college after 10 days even if they have a cough or loss of smell/ taste. These symptoms can last for several weeks once the infection is gone.
Somebody in my household has COVID-19 symptoms	<ul style="list-style-type: none"> Do not send student to college Household member with symptoms to book a test Whole household to self-isolate while waiting for test result Inform college immediately about test results 	When household member test is negative, and student does not have COVID-19 symptoms and if student has not been advised to self-isolate by test and trace services
Somebody in my household has tested positive for COVID-19	<ul style="list-style-type: none"> Do not send student to college Whole household to self-isolate for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days Inform college immediately about test result 	When they have completed 14 days of self-isolation without symptoms. They must self-isolate for 14 days even if they test negative during that time
NHS Test and Trace has identified student as a 'close contact'	<ul style="list-style-type: none"> Do not send student to college Student to self-isolate for 14 days (as advised by NHS Test and Trace) even if they test negative during those 14 days Rest of household does not need to self-isolate, unless they are also a 'close contact' 	When they have completed 14 days of self-isolation without symptoms. They must self-isolate for 14 days even if they test negative during that time
Student has been in contact with someone who has been identified as a 'close contact'	<ul style="list-style-type: none"> Attend college as normal If student does not have any COVID-19 symptoms they should carry on with normal activities 	Attend college as normal
We / student has travelled abroad and has to self-isolate.	<ul style="list-style-type: none"> Do not send student to college Whole household to self-isolate for 14 days –even if they test negative during those 14 days Travel reminders: Do not take unauthorised leave in term time Consider quarantine requirements and FCO advice when booking travel Provide information to college as per attendance policy 	When the quarantine period of 14 days has been completed for the student, even if they test negative during those 14 days
We have received advice from a medical/official source that student must resume shielding	<ul style="list-style-type: none"> Do not send student to college. Contact college as advised by attendance officer/pastoral team Student to shield until you are informed that restrictions are lifted and shielding is paused again 	When college / other agencies inform you that restrictions have been lifted and student can return to college again.