



Your Food Guide at Sparsholt



Places to be? We get it!

Got an excursion or work experience that means you're going to be off site and missing our service hours? No problem!

Collect your packed lunch take away items from CollegeShop@SO21.



Early start? We've got you covered!

On the move before breakfast? Breakfast packs are available for collection the night before. Please speak to a member of the catering team if you require a breakfast pack!



How It Works

Your meal entitlement plan allows you to choose from our wide range of breakfast items, main dishes, sides, desserts and drinks.

Dependent on the meal plan that you are on you will be entitled to 10 or 15 meals each week and these can be redeemed in the outlet of your choosing.

Opening Hours

CollegeShop@SO21	Joe De Frango
Monday to Friday	Monday to Friday
8am - 5pm	11am - 2pm 1.45pm close on Fridays

Kitchen@SO21

- Breakfast**
8am - 9.30am
- Mid Morning**
9.30am - 11am
- Lunch**
11.30am - 2pm
- Dinner**
5.15pm - 6.45pm
- Weekend Brunch**
11am - 1.30pm
- Weekend Dinner**
5pm - 6pm



Joe De Frango Peri Peri at it's best

The best Portuguese inspired peri peri chicken...at Joe de Frango that's what you will find, made with our very own chilli and citrus blend and carefully cooked until deliciously charred and juicy.



BREAKFAST

What can I have in my entitlement?

MAIN ITEM (your choice of 2 items)	Sausage, Vegan Sausage, Bacon
SIDES (your choice of 3 items)	Hash Browns, Bakes Beans Tomato, Egg
THE BAKERY (your choice of 1 item)	Bap, 2 Slices of Toast, 2 Slices of Fried Bread
THE CHILLER (your choice of 1 item)	Cereal, Granola Yoghurt, Fruit Piece, Yoghurt, Fresh Sliced Fruit (Pineapple/Melon)
DRINKS	Tea, Coffee, Hot Chocolate, Water & Fruit Squash

MID MORNING

What can I have in my entitlement?

MAIN ITEM (your choice of 1 item)	Bacon Bap, Sausage Bap, Hash Brown & Cheese Bap, Loaded Hash Browns
THE CHILLER (your choice of 1 item)	Granola Yoghurt, Fruit Piece, Yoghurt
DRINKS	Tea, Coffee, Hot Chocolate, Water & Fruit Squash

KITCHEN@SO21

What can I have in my entitlement?

MAIN OPTION (your choice of 1 item)	Main Meal, Pizza Slice, Pasta, Salad Box, Panini, Baguette, Sandwich, G&G Hot Protein Pot, Sausage Roll, Hot Savoury Slice, Cluck Box
SIDES (your choice of 3 items)	Main Counter Side Dishes, Veg Portion, Side Salad, Baked Beans, Coleslaw, Potato Salad, Protein Pot, Soup, Soup Roll, Pasta, Rice
SPUDS (your choice of 1 item)	Chips, Wedges, Curly Fries, Tortilla Pot, Potato Side, Jacket Potato
DESSERT (your choice of 1 item)	Hot Dessert, Fruit Pot, Dessert Pot, Fruit Piece
DRINKS	Tea, Coffee, Hot Chocolate, Water & Fruit Squash

COLLEGESHOP@SO21

What can I have in my entitlement?

MAIN ITEM (your choice of 1 item)	Sandwich, Baguette, Boxed Salad, Rollover Hot Dog, Ginster's Pies, Hot Savoury Slice, Sausage Roll
SIDES (your choice of 1 item)	See shop for choice of sides available
DESSERT (your choice of 1 item)	Yoghurt Pot, Piece of Fruit
DRINKS	Squash Carton, Bottled Water

JOE DE FRANGO

What can I have in my entitlement?

MAIN ITEM (your choice of 1 item from menu A or B)	Wrap, Burger, Chicken Strips, Camambert Bites (6), Rice Box, Salad Box, Halloumi, Lemon & Herb or Peri Peri Chicken
SIDES (your choice of 3 items from menu C)	Rice Pot, Side Salad, Coleslaw Pot, Camembert Bites (3), Chips, Twisters
DRINKS	Tea, Coffee, Hot Chocolate, Water & Fruit Squash